



Energy with L-arginine

Item# 92820
30 Single-serve packets

Your life demands constant energy. Schedules are packed tight with activities and commitments that require you to be at your best around the clock, even when you are battling exhaustion. In the middle of a hectic day, you may find that your energy levels are depleted before lunch, making it nearly impossible to cross off everything on your to-do list.

Synergy's e9 energy formula is powered by L-arginine and a blend of Vitamin B12 and B6, riboflavin, thiamin and pantothenic acid, each of which lends to a normal, energy-yielding metabolism. This flavourful mix also contains natural caffeine sources, including guarana seed and yerba mate extract. Every ingredient is safe and of the highest quality, providing you with a low-calorie boost when you need it most.

This combination of ingredients was designed to help you safely sustain your energy levels. Vitamin B12 and B6, along with pantothenic acid, not only contribute to an energy-yielding metabolism; they help reduce fatigue while supporting normal mental performance. Yerba mate extract contains properties that can strengthen the body while helping you feel more energetic. Its stimulating and tonic properties play a role in resisting mental and physical fatigue.

Today, there are dozens of quick fixes for low energy, but with e9 you can trust that you are taking a product that supports your healthy lifestyle. No matter what time of day it is, if you are fighting to focus, stay alert and stay energised, mix up a serving of e9 and enjoy its refreshing, piña colada flavour.

BENEFITS

- Long-lasting, healthy energy through a unique, low-calorie formulation
- Contributes to normal, energy-yielding metabolism
- Plays a role in the reduction of tiredness and fatigue
- Contributes to normal psychological and mental function
- Supports the body's natural ability to produce energy
- Contains Synergy's flagship ingredient L-arginine
- Great-tasting piña colada flavour



- Sweetened with steviol glycosides that occur naturally in stevia leaves

INSTRUCTIONS

Mix 1 serving (1 packet) in 240 ml of water. Stir or shake to dissolve. Suggested serving size is 1 packet per day.

Supplement Facts

Serving Size 1 packet (6.5 g)
Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	20	
Total Carbohydrate	5 g	2%**
Vitamin C (ascorbic acid)	300 mg	333%
Thiamin (B1) (thiamine mononitrate)	1.5 mg	125%
Riboflavin (B2)	1.7 mg	131%
Niacin (niacinamide)	40 mg	250%
Vitamin B6 (pyridoxine HCl)	20 mg	1176%
Folate	333 mcg	83%
	(200 mcg folic acid)	
Vitamin B12 (cyanocobalamin)	120 mcg	5000%
Pantothenic Acid (d-calcium pantothenate)	10 mg	200%
Proprietary Energy Blend	3955 mg	†

Inulin, amino acid blend (L-arginine, taurine, L-lysine, L-glutamine, glycine, L-tyrosine, L-leucine, L-isoleucine, L-valine), guarana seed extract (*Paullinia cupana*), white willow bark (*Salix alba*), yerba mate leaf extract (*Ilex paraguariensis*), green tea leaf extract (*Camellia sinensis*), Korean ginseng root extract (*Panax ginseng*), maca root extract (*Lipidium meyenii*), acai berry concentrate (*Euterpe oleracea*), aloe vera whole leaf (*Aloe barbadensis*).

** Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: natural flavors, citric acid, natural citrus sweetener (oligofructose, fructose, pea protein, natural flavors)†, silicon dioxide, malic acid, stevia leaf extract (*Stevia rebaudiana*), natural color.

†Adds a dietarily insignificant amount of sugar

Consult your health care provider prior to using this product if you are pregnant, nursing or have a known medical condition. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally, rapid heartbeat. Not recommended for use by children under 18 years of age. As with any nutritional product, please consult your physician before use, especially if you are pregnant.